

macnas

Con Mór The Giant

Can you help him to fly?

Who are Macnas and what are we up to?

Macnas is a spectacle theatre company in Galway who tell big stories, outside for everyone to see.

We are inviting children and grown ups to join Macnas in welcoming a special visitor to Limerick from Saturday October 18th to Sunday November 2nd 2025.

What kind of visitor?

Inventors and explorers from all over the world are baffled by evidence of a Giant living right here in Ireland!

Professor Marjorie Morrigan, an expert on Giants and where they come from, told us:

"This giant seems to have been here for centuries. There is a very large iron nose, so big and rusty, you could park a car in one of the nostrils."

A Giant! Who is he and whats his name?

Professor Marjorie Morrigan has confirmed that this big fella belongs to the legendary Tuatha Dé Danann tribe.

His name is Con Mór and he comes from an Island of Giants off the coast of Connaught. She told us that Con Mór is so famous across Ireland for his love of birds and nature, his friends call him The Bird King!



How can children (and grown ups) welcome Con Mór to Limerick?

Con Mór has arrived in King John's Castle and is collecting our hopes for the future. He loves birds and nature so we are asking children to make, find or bring a feather - along with a message for the future - to Con Mór at King John's Castle during the month of October!

A message for Con Mór:

- Write a message of hope for the future on the feather, colour and decorate it how you wish.
- On the back of your feather, include your name, age and where you live.
- Send or bring your feather and message to Con Mór in King John's Castle, Limerick!

How to get your feather to Con Mór

- Deliver to Con Mór in person or to King John's Castle from Saturday 20th October to Sunday 2nd November 2025
- Post to him, his address is:

King John's Castle,
Nicholas St, Limerick,
V94 FX25



Hey folks, my name is
Professor Marjorie Morigan,
an expert in Giants & Where they come from.
Macnas called me so here I am!

Con Mór, an ACTUAL giant lives underneath
their workshop in Galway and has decided to
visit King Johns Castle in Limerick,
Amazing right?

I've seen the evidence myself.
He's is a VERY BIG giant. I did some digging
and GUESS WHAT...?
This big fella LOVES nature and bird,
so much so, his friends call him
The Bird King!

I think he is here to remind us to love and respect nature... and wants us to
know OUR hopes and dreams for a kinder, brighter, wilder Planet Earth.
How fab is that?!

SOOOO... My pals at Macnas need YOUR help to welcome Con Mór to Limerick.

Every one of you kids is invited to make, bring or send a
feather with a message of hope for Con Mór. You can hope
for ANYTHING at all ... more wild places to play in, cars
made out of recycled chewing-gum, chocolate bicycles that
you can eat AND cycle... Deeeelicious!

His big dream is to fly. But whatever dreams or wishes YOU
might have for the future, bring them to Con Mór.

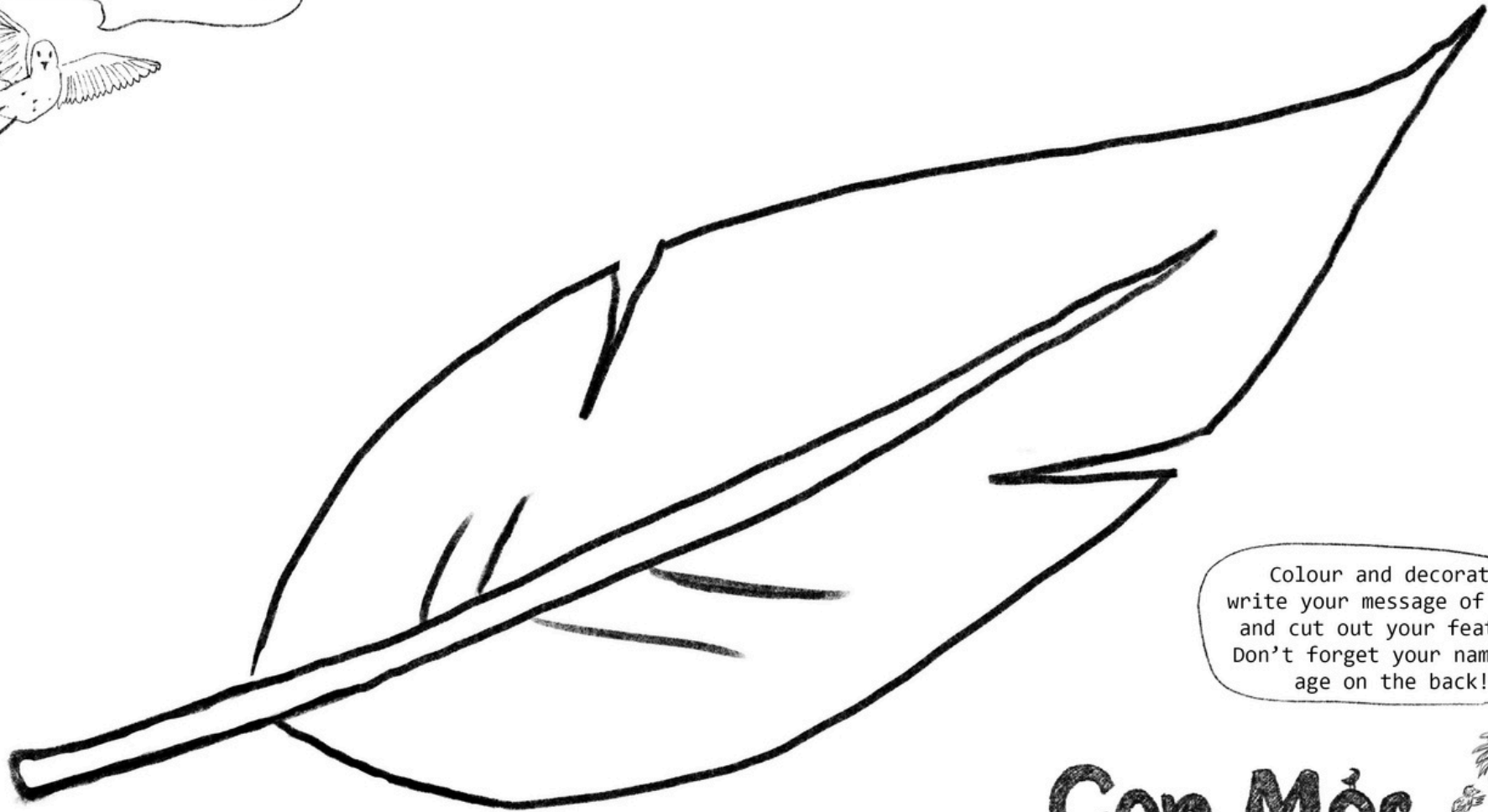
Imagine a FLYING GIANT?!

Don't be
ridiculous!

Con Mór The Giant



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Colour and decorate,
write your message of hope,
and cut out your feather.
Don't forget your name and
age on the back!

Con Mór
The Giant

